



Martham Parish Council

Monthly Meetings: 7.30pm
Every third Wednesday
Martham Community Centre

We're grateful to villagers for their support!

By the time you read this we'll have worked together with villagers on our annual litter pick and Annual Parish Meeting. Thank you to those who keep stepping up to help us with our ongoing activities around Martham.

New Bleed Kits available in two Martham

Defibrillator Cabinets

Funds raised by villagers towards the Martham Defibrillator Project have made it possible for us to purchase two Bleed Control Kits from Jayne Biggs of **Heart 2 Heart Norfolk**. They have been placed in the Defibrillator cabinets at the Martham Fire Station and outside the Repps Road Co-op.



What are bleed kits used for?

Catastrophic Bleeds - They are defined as extreme bleeding that is likely to cause death in minutes. Usually as the result of an accident or injury where an artery has been punctured. The wound may be gushing or pumping out.

Who would use them and when?

They are accessed by calling 999, and are registered with the ambulance service who will advise how they are to be used if needed. Find out more here: <https://raymondjamesquigley.org.uk/>



REPORT IT: Many of the problems in the village reported to us are the responsibility of other authorities. Visit our **REPORT IT** page for quick access to departments that can offer help with common issues. marthampc.org.uk/problems

Defibrillator Project Fundraising Dates for your Diary

**Sun 4th May - Scarecrow Festival Jigsaw sale -
28 Repps Road.**

**Sat 28th June 6.45PM – Quiz - Martham Village
Hall.** £5 per person. Teams of up to 6 people. Bring own food, drinks, cutlery and plates. Book now! Contact Sharon on 07746769139 / mpcchairman@martham.gov.uk

Profits from both events to Martham Defibrillator Project in association with Heart2Heart Norfolk charity to raise funds for defibrillator maintenance and replacement parts in Martham.

MORE NEWS & MEETING UPDATES FROM US:

Noticeboards: Village centre bus shelter, village hall, outside Repps Road Co-op car park, community centre window, Methodist church Barnabas room. Allotments.

Or find us online: See details below.

YOUR PARISH COUNCILLORS ARE:

Bob Fossey (Chair)

Colin Starkings (Vice Chair)

Ian Bradford | Adam Sayer | Vick Smith |
Terry Watson | Graham Bye | Sharon Coates
Clerk: Stacey Kent

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www.marthampc.org.uk

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